



- ☀️ Saying "I'll put this here, for now." is a trap. You will end up with a bunch of stuff where it doesn't belong. Put things back in their "homes" so that you can find them when you need them. If you don't know what their "home" is, decide on one and use it consistently.
- ☀️ "You deserve to feel good and look good. Take a few extra moments a day to start this upward flight." -- Marla Cilley in "Sink Reflections"
- ☀️ Don't ignore the laundry. It will turn into a monster very quickly. A load or two a day keeps the piles away. Be sure to complete the whole process -- wash, dry, fold and put away. Enlist the help of family members too.
- ☀️ Let's talk about children's papers..."Not every paper is a keepsake, believe it or not. If you save everything, that diminishes the value of those special ones. They get lost in the clutter." -- Marla Cilley in "Sink Reflections"
- ☀️ Will it take you almost as long to write a reminder as it will to just do the task? Then consider just doing the task. Get it done! 5 minute rule--if it takes 5 minutes or less, just do it and get it over with.
- ☀️ It's ok to say "no." It is a complete sentence and no further explanation is required.
- ☀️ You don't need to own several dozen shoes to walk in someone else's shoes.
- ☀️ It's your turn, what's your favorite way to stay organized? What do you make sure you do to stay ahead of the clutter?
- ☀️ Help keep your neighborhood clean by picking up trash when you see it. If you're out for a walk and see a soda can along the road, pick it up and recycle it. Don't just walk by. If you don't keep pride in your neighborhood, why should anyone else?
- ☀️ Just because you have always done it that way, doesn't mean it's the most efficient way to do it. Rethink some of your old routines and habits and see if they could use a rework.
- ☀️ Have a project you just hate to do? Maybe you keep putting it off? Enlist help and get it done. There is nothing wrong with delegating a task to someone else. Just because you hate it doesn't mean they will. In fact they may even like doing that particular task.
- ☀️ Many schools are already finished for summer or will be finishing up this week. Do you have plans with the kids? If at all possible, take some time off and make some memories with your children. Before you know it, they will be grown and on their own.
- ☀️ This crazy weather in NJ lately has made me rethink my preparedness. Do you have what you need in case of an emergency? I certainly do not.
<https://www.weather.gov/owlie/emergencysupplieskit>

- ☀️ You don't have to spend money to have a good time. You can have a picnic, walk at a park, go to a free beach (AC & Wildwood in NJ), or even just sit in your yard and enjoy a good book. Don't go shopping just because you're bored or looking for an adventure. Adventure is wherever you find it and many times, it can be found for free.
- ☀️ Is a timeline looming, yet you still keep procrastinating? Don't worry, you're not alone. We all do it. However, block out time to get it accomplished now and get the stress off of your mind.
- ☀️ Have you taken a day off recently? I mean a true day off to do just what you want to do. Do it. I'm sure you earned it.
- ☀️ Even if you don't have clutter, it's important to organize what you do have. It will make it easier to find what you need when you need it.
- ☀️ Just because you can't completely finish a project at this moment, doesn't mean you shouldn't do it at all. At least get started and maybe do a bit at a time and eventually you will be surprised that it's complete.
- ☀️ Organizing your thoughts is just as important as organizing your stuff. Get it out of your head and onto your planner, into your phone, or onto your calendar. Having to-do's and projects floating around in your head is not productive and interferes with other more important thoughts.