



- ✿ With the holiday smack in the middle of the week, don't forget to celebrate the best country in the world. No matter what your political opinion, you have to know you're lucky to live here. GOD BLESS AMERICA!
- ✿ "Perfectionism is NOT a quest for the best. It is a pursuit of the worst in ourselves, the part that tells us that nothing we do will ever be good enough--that we should try again." -- Julia Cameron.
This statement couldn't be more true. Don't shoot for perfection, it's impossible, shoot for your personal best in organizing your home and life and in everything you do.
- ✿ Friendships are worth the time invested. Make sure you leave time for them.
- ✿ Usually the things that are important aren't even things.
- ✿ Before going out to buy new home decor, consider repurposing what you have. Move art into different locations, change up the curtains, you name it. Just changing their location in your house will make things seem new.
- ✿ Time is too precious to waste any of it worrying. Most things are out of your control anyway and even those that aren't, won't be changed by worry.
- ✿ Why complain? Fix it or just move on.
- ✿ Take 15 minutes each evening either after dinner or before bed to do a quick pick-up of items that are lying around. Have everyone pitch in and you'll wake-up to a much more calming environment.
- ✿ What makes you happier...donating your unneeded items or just trashing them and getting them out of the house?
- ✿ Feeling down? Do something that you enjoy and provides you solace without shopping. Perhaps a walk, a talk with a friend, a cup of coffee at your favorite place. Any of these may bring you calm without bringing more into the house.
- ✿ Once a month, take the time to download the pics off of your phone. It'll free up space and force you to enjoy reliving the moments.
- ✿ When was the last time you said thank you to someone you work with? Take a second to pause and appreciate those around you. You might just make their day and it'll make you feel good too.
- ✿ Going to be sitting and waiting for hours at an appointment? Be sure to bring stuff to do. Not only will you feel productive, but it will make the time pass quicker.

- ✿ When getting organized for a day trip, be sure to make a list of the items you want to bring with you so that you don't forget anything during the excitement. Also, consider bringing one extra drink per person than you think you need. It's better to have extra drinks than not enough.
- ✿ Block out 15 minutes in your busy day to work toward pursuing your dreams. Fifteen minutes may not seem like much, but it adds up over time.
- ✿ If the humidity has broken where you are, don't forget to take the opportunity to air out the house, even if it's only for a few hours a day. It's a great way to clear out germs and jump start your mood.
- ✿ Holy smokes, tomorrow is August. Where is this summer going?! Make sure to get time in your calendar for some more fun stuff before the school routines begin again.