



- ❄ It's the New Year! Regroup and decide what's important to you and your family in 2018 and allow yourself to make room in your schedules to get it done.
- ❄ Most of us feel like there is not enough time in a day. So, why waste it complaining, arguing, and grimacing. It's all a waste of precious time. Show gratitude, share appreciation, and smile. Life truly is too short to spend it any other way.
- ❄ If you live in an area of the country that gets hit with cold weather and snow, consider keeping some emergency gear in your car such as: blankets, kitty litter (for if you get stuck), cell phone, and snacks.
- ❄ Something to ponder from "Organizing from the Right Side of the Brain" by Lee Silber..."What led to a life of goods instead of the good life?"
- ❄ Make an effort to put away all electronics in the evenings. If you can do this at least several times per week, you will see an improvement in your family life and your own inner calm.
- ❄ Everyone I've met has at least one "junk" drawer in their kitchen and/or office. Although the "junk" drawer is a necessity for most, it doesn't have to literally look like it's filled with junk. Take a minute (literally) at least once a month to remove trash and loose change from the "junk" drawer. It will help to keep your drawer a little less junk and more useful.
- ❄ As you waste your breath complaining about life, someone out there is breathing their last. Appreciate what you have. Be thankful and stop complaining. Live more, complain less. Have more smiles, less stress.
- ❄ When is the last time you emptied out your night stand? Take 15 minutes to dump everything out and get rid of the trash, old bottles of lotion and what not. Then reorganize what is left and should truly stay there. Some of those items may be

*Magically Organized is  
happy to share  
January's  
Facebook tips.  
Use them as a checklist  
to make your life  
easier & to keep you  
motivated.*

tissues, note pad and pen, glasses, a good book, etc. It won't take you long to do and being able to look at an organized area before bed is much healthier than staring at a jumbled mess.

- ❁ Do you have an opening in your schedule and you feel like it has to be filled? Not so. Enjoy the "free-ness" of the opening and allow yourself to just sit and do nothing. Even having 5 minutes of nothingness can help to re-center yourself and bring calm to your day. Hey, why not consider blocking out these 5 minutes per day every day?
- ❁ If you don't have the option to call someone regarding an important issue, be sure to double check your text before hitting send. The extra minute of review could save you a lot of time overall.
- ❁ Be sure to clear out a specific space for your kids' school belongings (back packs, lunch bags, extra school supplies, etc.). This will provide your children with an opportunity to be responsible with their own things and there won't be any running around in the mornings wondering where the needed items are.
- ❁ Have a list handy of small/odd jobs your kids can do around the house. Next time they say they're bored; give them the option of doing something on the list. This will either stop the whines and/or get some stuff done around the house.
- ❁ Many people may feel like they don't have enough money to share it and give to others. But, giving doesn't have to be financial. It can be any of these ideas suggested by [Rhonda Byrne](#) the author of "The Secret." "Give kind words. Give a smile. Give appreciation and love. Give compliments. You can give courtesy to other motorists while you are driving. You can give warm embraces to those you love. And you can give appreciation and encouragement to everyone."
- ❁ This quote really hits home for me and maybe for some of you. It is from Sarah Knight's book "get your SH\*T together"..."Just because you are doing a ton of sh\*t all day, every day, does NOT mean you have your sh\*t together." This isn't meant to be mean or degrading. It's simply to say being busy doesn't mean you're effective. Consider how you are spending your time and spend it in ways that matter to you.
- ❁ Take about 10 minutes to go through your pantry/cabinets. Pull out anything that is about to expire and use them to make your meals today. It's better than it going to waste and you might be able to come up with a new recipe. You can use this website for ideas on what to make with what is in your pantry. <http://www.recipekey.com/> Or, if you don't want to be bothered making a new recipe, donate the items before it's too late.

- ❄️ Keep a pen and paper inside of or on top of your night stand so that if things come to you right before bed (or even in the middle of the night) you can write them down and not worry about remembering them come day break. It will help to clear your mind and hopefully help you to get a better night's rest.
- ❄️ A great article that I thought you may enjoy. Call 609-280-6110 or email me [magicallyorganized@yahoo.com](mailto:magicallyorganized@yahoo.com) if you or your family needs help.  
<https://www.nytimes.com/2017/08/18/your-money/aging-parents-with-lots-of-stuff-and-children-who-dont-want-it.html>
- ❄️ Something to consider from [Joan Borysenko](#) in her book "Minding the Body, Mending the Mind"  
"The death rate has always been the same: one per person. But it's not so much about when you die as how you live. That's the only real control you'll ever have."  
How will you spend your day today?
- ❄️ I love this quote from [Neville Goddard - The Power of Awareness](#), "Do not waste one moment in regret, for to think feelingly of the mistakes of the past is to re-infect yourself." Don't waste your time and energy on the past, focus on today and the accomplishments you are making.
- ❄️ Do you have any room in your coat closet for guests' coats? Even just making two hangers available will allow for some of the coats to be hung (4 if you double up on the hanger). Take a moment to purge your coats and make those 2 hangers available so that you are making room for your guests. Also, this is the perfect time of year to donate coats for those in need.
- ❄️ When you are ready to de-clutter, be sure to take a before picture and then an after picture. It will be an inspiration to you of your accomplishments and will motivate you for future organizing sessions.
- ❄️ Make space in your nightstand to have a small journal or pad of paper. Each night before you go to sleep, write down at least 1 thing that you were grateful for during the day. Then when you awake in the morning, take a glance at your list (randomly) and read one of the past things you were grateful for. It is a wonderful energizer to start off your day on the right foot.
- ❄️ It's amazing how when you clear your clutter, your mind becomes clearer as well. Allow yourself to part with the stuff and begin to think more clearly.