



- 🌱 One of the biggest challenges in organizing is doubt. Don't doubt yourself, don't doubt your decisions, and don't doubt your process. Believe in yourself, believe in your decisions, and believe in your process.
- 🌱 When at a conference or trade show, don't take all the "freebees." Only take the ones that you actually need and will use.
- 🌱 Although I absolutely love FB, it is a time sponge. Be mindful of how much time you spend on FB and on your computer/phone. They can suck up your time from more important things.
- 🌱 "Rearrange your Things' homes so as many as possible are stored where you actually use them." -- from Making Peace with the Things in Your Life by Cindy Glovinsky.
- 🌱 The best way to feel in control of your holiday to-do list is to either write a checklist, write it on your calendar or put it on your electronic device. Don't just keep it in your head, it will drive you crazy and you're bound to forget something.
- 🌱 Now's the time to clear out your pantry and donate whatever you can to your local food bank or shelter. Let's try to help those less fortunate to have a great holiday meal.
- 🌱 The holidays can be very stressful. Take a good long look at your to-do list and decide if there are some things that you can delegate. Also, consider that some really could be deleted to let off some of the pressure.
- 🌱 Can you believe it? Christmas is in less than 2 weeks! So what? That still gives you about 12 days to get done what you need to get done. Don't stress out, that's not what it's all about. Make a list and check it twice and your holiday will be "no naughty" and all nice! (OK, I was feeling a bit corny today!) Enjoy your day!
- 🌱 Listen to your mind & body. They know what they're talking about.
- 🌱 Once you feel in control of your holiday shopping, baking, wrapping, and what not, start getting your tax documents in order. Before you know it, tax time will be here. It's better to do a little at a time each week to get prepared then to panic when April 15th rolls around.
- 🌱 Unsure or upset about cash spent on gift buying this season? Consider making a present or re-gifting where possible. Not only will a hand-made gift be truly appreciated, it's made with love. Also, there is nothing wrong with re-gifting, just be sure you remember who gave it to you originally.
- 🌱 Be sure to do something nice for yourself at least once per week. This may be sitting down and reading a good book for an hour, talking on the phone with a friend, going to the local coffee shop and hanging out for a while. You decide what it is and do it. If you don't take care of yourself, how can you be expected to take care of your home, your work, or your family?

- 🌲 Sort and review your mail as soon as you remove it from the mail box. Don't set it in a pile to look at later. Place the bills to be paid in your "to be paid" file, the trash in the trash, items that need to be shredded through the shredder, recycling in the recycling container. Otherwise, your small pile of daily mail can become a monster size pile and a real chore.
- 🌲 If you still have tasks to get done before Christmas, don't fret. Just make a list and put each item on your calendar. It will diminish the stress. Ask for help and say "no" when you need to. Most importantly be sure to enjoy the true meaning of Christmas.
- 🌲 It's getting close to year end and that means you will have a lot of coupons that are getting ready to expire. Be sure to use the ones that are ready to expire on products that you will use. Match them up to the stores weekly flyer to get items for free or virtually free. However, don't buy items just because you have a coupon. Only buy items you need or will need soon.
- 🌲 With everything that came into our houses yesterday and for the year's end approaching, take 15 minutes and gather items for donation. Not only will it make room for the new stuff, it'll provide items for those in need and one last write-off for you.
- 🌲 Divide your home into sections. Determine what works best for you and use these sections to keep track of cleaning. You may for example, thoroughly clean the first floor of your home one week and the second floor the following week. Or, you may clean all of the bathrooms on Mondays and save the dusting for Wednesdays. It is really up to you. You divide it up as you see fit for your home, your time and your family.
- 🌲 Consider what your resolution might be for 2019. However, don't feel that you have to have a resolution. How about a life change or a new optimism. Don't feel the pressure to do a typical resolution, do what's best for you and your family.
- 🌲 Enjoy your New Year's Eve celebrations, but take precautions for safe travels. If you are the designated driver, keep your promise. If you don't have a designated driver, call an UBER or LYFT. Better yet, stay home and have neighbors over so you can all walk safely to your destinations.